

bodyloveEVOLUTION MANIFESTO

We know that there is no such thing as an

We know that building our dreams takes time, effort, faith, wine, laughs, wins, setbacks, surprises, failure, coffee and every emotion we have (but it's worth it!)

overnight success

We believe that there is more than enough of everything to go around

We believe in supporting each other with our hopes and dreams

We believe that you deserve relationships where you can be your whole self, your real self, the self that doesn't have it all figured out, the self that makes mistakes, the self that doubts itself sometimes.

We believe that you deserve people who will see your whole self and accept you wholeheartedly

We believe that success looks different to everybody and that you should **NEVER** try to measure your success by someone else's standards (or instagram account)

We believe that every journey is and should be as unique as you are

We know that success = always learning

We believe in being kind to others and most of all to ourselves

We know that someday we will want to quit but that we never will

We believe that there is no dream too big or too small, as long as that dream makes you happy

We believe that one step at a time is the only way progress is made

We believe that you will see tremendous beauty in others, and help them see it too

We are powerful women, never victims, we believe in taking responsibility for our actions, emotions, futures and our happiness!!!

#bodyloveevolution

BY BARE BEAUTY AUSTRALIA